Hospital Action Research Team

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Mission Statement: The hospital team seeks to improve the overall sustainability of the UCLA Health System by inspiring employees to engage in environmentally conscious actions. We have updated an online sustainability educational module which equips hospital staff with the tools to make a difference in their department. Through our work we hope to expand the scope and scale of the sustainability liaison program at UCLA Health to incite positive and lasting changes from within the facility.



Methods:

- Conducted survey in public areas at the Ronald Reagan Medical Center and the Santa Monica Medical Center – collected 49 total responses
- Conducted an online focus group with initial Sustainability Liaisons to set a baseline for the program and to target areas where significant improvements could be made
- Tabled at the UCLA Health Earth Day Fair to get feedback on our module prototype

Results:

- Majority of staff preferred word text and images
- 96% of staff did not know about the Sustainable Liaison program
- Most of the initial liaisons had done little or no sustainability related work in their department
- 100% of the initial liaisons thought that their department was "fairly open" to sustainable changes

We incorporated these insights into our module and through our recruiting efforts we were able to more than double the size of the Sustainability Liaison program









