You Are What You Eat

Make a documentary
Why is some food more environmentally friendly than others?
What's the relationship between price and nutritional value?

Or write your own story
What would a day in the life of a restaurant owner look like?
How does a person's cultural background affect the food they choose to eat?

Need help with the science-y stuff?
We want these films to have solid science. Here at UCLA's Institute of the
Environment and Sustainability, we have experts on hand to help. Just email
cobrienlux@support.ucla.edu for more info.

FOOD & ENVIRONMENT FACTS & RESOURCES (TO GET YOU STARTED)
• Agriculture is the largest contributing sector to climate change.
• Food is the largest single source of waste in California, comprising 15.5% of total waste.
• Food systems comprise all aspects of food production and food distribution.
• Food systems are linked to obesity, climate change, unhealthy diets, and other problems.
• A good food system contributes to a thriving economy where all participants in the food supply chain receive fair compensation and fair treatment.

DO YOUR OWN RESEARCH (A COUPLE RESOURCES TO GET YOU STARTED)
foodliteracycenter.org http://goodfoodla.org

Need help with the film-y stuff?
Email cobrienlux@support.ucla.edu with your questions.
Visit https://filmfreeway.com/oesfilms for more info.